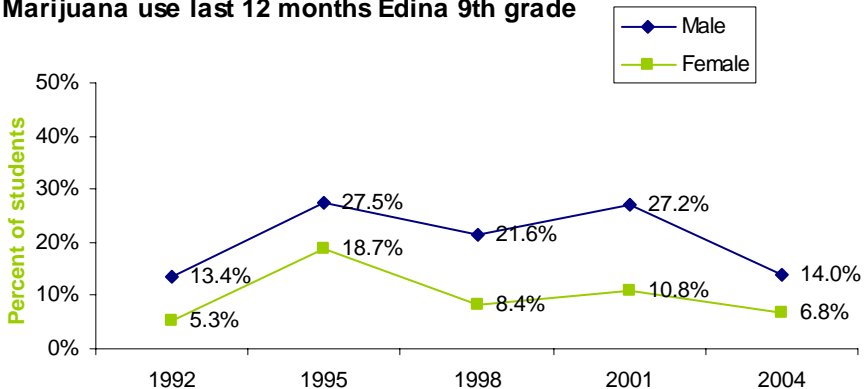


MARIJUANA USE

Marijuana use among Edina 9th graders has been unstable between 1992 and 2004.

Many more boys than girls reported marijuana use each year from 1992 to 2004, with a smaller disparity in 2004.

Marijuana use last 12 months Edina 9th grade

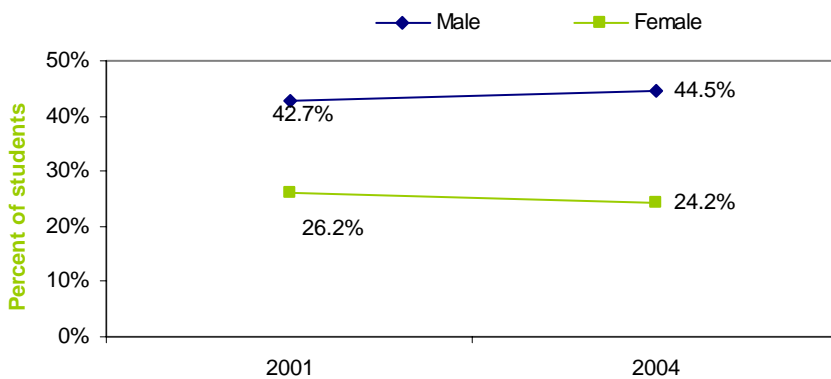


NUTRITION & PHYSICAL ACTIVITY

From 1998-2004, fruit and vegetable consumption has declined among 9th graders. Fewer than 1 in 4 students meet recommendations for fruit and vegetable consumption. Boys reported somewhat higher fruit and vegetable consumption than girls in 1998 and 2001, while girls were somewhat higher than boys in 2004.

Moderate physical activity among 9th graders was similar in 1998 and 2004 with a drop in 2001. Thirty minutes per day on 5 or more days per week is considered adequate moderate physical activity. Many more boys than girls reported adequate moderate physical activity in 1998 and 2001, with equal reports in 2004.

Milk consumption yesterday (3 or more glasses) Edina 9th grade



Vigorous physical activity (sweat or breathe hard for 20 minutes or more, 3 or more days per week) was similar among 9th graders in 1998 and 2004 with a drop in 2001. Vigorous physical activity is reported by more students than moderate activity. The

gaps between boys and girls are narrower, with similar results for boys and girls in 2001 and 2004.

HEALTHY YOUTH DEVELOPMENT

Parental connectedness (being able to talk with both parents about problems) has increased among 9th graders between 1992 and 2004. Many more boys than girls reported being able to talk with both parents about problems in 1992-1998, with slightly more girls than boys in 2001 and 2004.

Stress has increased among 9th graders between 1992 and 2004, according to student reports of

“quite a bit of pressure” or “almost more than I could take.” Among 9th graders 1.5-2 times as many girls as boys reported stress in 1992, 2001, and 2004, with narrower gaps in 1995 and 1998.

Reports of teachers showing respect for students were between 70-75% among 9th graders from 1995-2004, except for a drop to 61% in 2001. Girls and boys were similar in their reports that all or most teachers

showed respect for students except for 2001, when boys (56%) were substantially lower than girls (67%).

The Minnesota Student Survey (MSS) has been administered in Edina schools to 6th, 9th, and 12th graders every third year since 1992.

Survey results provide a wealth of information regarding youth assets

and risk behaviors. This information is used by Bloomington Public Health and Tri-City Partners in program planning and evaluation as well as grant writing and other efforts.

This document provides trend analysis of survey items that have been on

the MSS for multiple years.

Ninth-grade data is used for trend analysis because more 9th graders participate in behaviors of interest and complete the survey, i.e., the 9th-grade survey sample is largest.

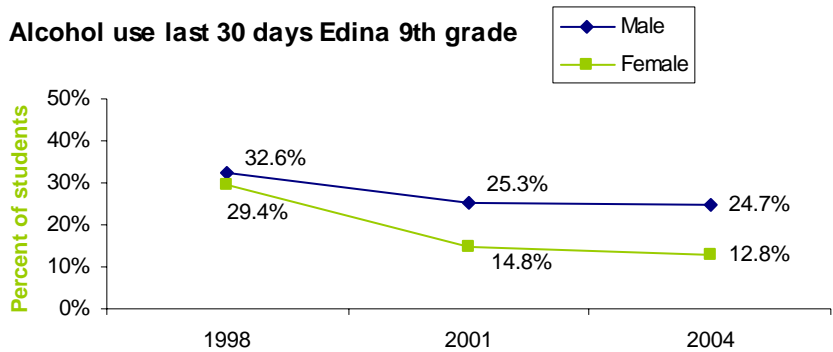
ALCOHOL USE

Alcohol consumption has decreased substantially among Edina 9th graders between 1998 and 2004. Fewer girls than boys drank alcohol each year, with the gap widening each year. By 2004, nearly twice as many boys as girls reported drinking alcohol in the last 30 days.

Among Edina 9th graders, there was an increase between 1992 and 1998 in the percentage who reported binge drinking*, followed by a larger decrease in 2001 that held steady in 2004.

In 2001 and 2004, three times as

Alcohol use last 30 days Edina 9th grade



many boys as girls reported binge drinking.

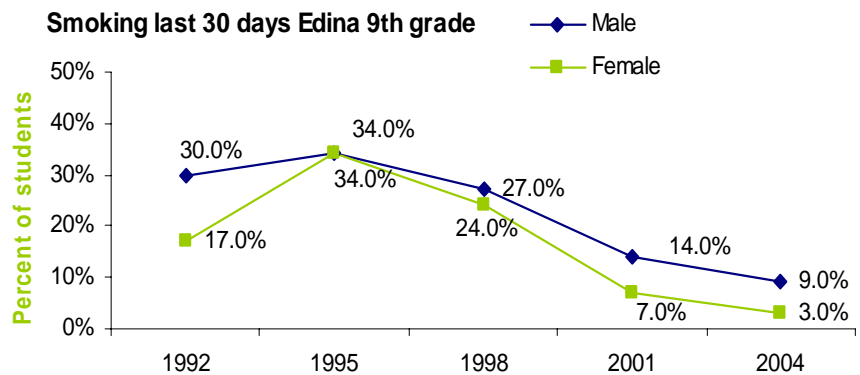
* binge drinking is five or more drinks in a row.

TOBACCO USE

Tobacco use among Edina 9th graders rose sharply between 1992 and 1995 and has decreased significantly since 1995, with the steepest decline between 1998 and 2001.

In most years (except 1995, when results were equal), many fewer girls than boys reported smoking.

Smoking last 30 days Edina 9th grade



SEXUAL ACTIVITY

The percentage of Edina 9th graders who have had sex decreased between 1995 and 1998 and has held steady each year since 1998.

Among 9th graders, 2-4 times as many boys as girls report having had sex, with the gaps between boys and girls holding steady

1998-2004.

The percentage of Edina 9th graders who have talked at least once with each sexual partner about protecting themselves from STDs/HIV has decreased since 1992, with the steepest decline between 1998 and 2001.

Many more girls than boys reported

these conversations in 1992, 1995, and 2001, while girls' and boys' reports were similar in 1998 and 2004.